Report of Induction Programme for newly admitted Students (IPNS)-2019 C.S.A.U.A.& T., Kanpur

This report of Induction Programme for newly admitted Students (IPNS)- 2019 is describing the detail of the induction program which is organized for newly admitted students in 2019-20. The programme of IPNS was conducted between July 31 to 18 August, 2019 in Kailash Bhawan, CSAUA&T, Kanpur.

The programme contains following details:

Inaugural was held at 31/07/2019 followed by the address of VC, CSAUA&T, Kanpur

Speaking as Chief Guest of the Inaugural Session of Induction Program for Newly Admitted Students, Hon'ble Vice Chancellor of CSAUA&T, Kanpur, introduced students to the university cultural tradition and life at CSAUA&T. He sensitized and motivated them to adopt the challenges of technical education to become leaders of future technical industries. In his inaugural address he also motivated newly admitted students to win various scholarships and awards offered by the state government, university alumni and other sponsoring authority. His talk also imbibes the quality and essence of being good human being and better engineer to lead the nation to new heights. He also briefed the details of the academics and University. To make the students familiar with the departments, laboratories, centres, hospitals and CSAUA&T campus; their visit programme was conducted under the supervision of respective departments and centre in charges etc.

The details of the report of the Induction Programme 2019-20 during July 31, 2019 to 18 August, 2019, were as follows:

Dav One: July 31, 2019

Slot-1

- 1. Time/Date: 31/07/2019 (First Session)
- 2. Name of Speaker/s: Dr. Poonam Singh, Dean, Agriculture
- 3. Chief Guest of Inaugural Session: <u>IPNS-2019</u> Hon'ble Vice Chancellor, CSAUA&T, Kanpur.
- **4.** Topic/Area/Activity (he/she covered):-**Inaugural Session**
- 5. Points he/she highlighted in talk/activity:-Value Education, On Becoming a Nation Builder, Fellowships, Scholarships and Discipline, Life at CSAUA&T, Kanpur.
- 6. Summary report of the talk given by speaker on the concerning date:

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Slot-2

1. Time/Date: 31/07/2019 (Second Session)

- 2. Name of Speaker/s:-All HOD's & Deans
- 3. Topic/Area(he/she covered):- Inaugural Session
- 4. Points he/she highlighted in talk:- Introduction to Pivotal University Segment
- 5. Summary report of the talk given by speaker on the concerning date:
 - i. Participants were introduced to various university departments by respective HOD's.
 - ii. They were introduced to D.S.W., Deans & Directors, R & D.
 - iii. They were also introduced to CSA and its Various Social, Cultural, Sports and Literary Activities.

Day Two: August 01, 2019

Slot-1

- 1. Time/Date: 01/08/2019 (First Session)
- 2. Name of Speaker/s:- Dr. Dharam Raj Singh, D.S.W
- 3. Topic/Area/Activity (he/she covered):- Scholarship Schemes
- 4. Points he/she highlighted in talk/activity:
 - i. Various Scholarship Schemes
- 5. Summary report of the talk given by speaker on the concerning date:-

Dr. V. K. Yadav invited Dr. Ram Pyare to interact with the students and handed over the podium to the Resource Person. He informed the newly admitted students of various scholarship schemes sponsored by Social Welfare Ministry of Uttar Pradesh Government. The session was followed by Q/A Session.

Slot-2

- 1. Time/Date: 01/08/2019 (Second Session)
- 2. Name of Speaker/s:-
 - A) Professor Dr. Ram Pyare, Nodal Officer, ICAR
 - B) Professor Dr. S. K. Biswas, Professor
- 3. Topic/Area(he/she covered):-
 - 1. First Speaker: Campus Life at CSAUA&T.
 - 2. Second Speaker: University First Ordinances
- 4. Points he/she highlighted in talk:-
 - 1. Hostel Admission, University Rules in Hostel, Life at CSAUA&T —Campus
 - 2. University First Ordinances
- 5. Summary report of the talk given by speaker on the concerning date:-
 - A) Dr. Ram Pyare, Nodal Officer, ICAR discussed mandatory rules and regulations essential for university hostellers in particular and all university students in general. He stressed upon the necessary guidelines that a Hostellers must follow. Professor Dr. S. K. Biswas told them about the on-campus facilities available for students. University Rules in Hostel and Life at CSAUA&T—Campus has been core centralised contents of his discussion.
 - B) Dean Agriculture discussed mandatory rules and regulations essential for UG studies. University First Ordinances were key to his discussions. He also discussed the value of disciplined life at CSAUA&T. He stressed upon the necessary guidelines and provisions for UG students.

Day Three: August 02, 2019

Slot-1

- 1. Time/Date: 02/08/2019 (First Session)
- 2. Name of Speaker/s:-Dr. Ram Singh Umrao
- 3. Topic/Area/Activity (he/she covered):-Induction to NCC
- 4. Points he/she highlighted in talk/activity:
 - i. NCC and its History
 - ii. NCC its Role and Importance
 - iii. Three Wings of NCC
- 5. Summary report of the talk given by speaker on the concerning date:-

Dr. V. K. Yadav read the brief Bio-Data of honourable speaker Dr. Sarvesh Kumar and invited him to induct the newly admitted students Dr. Sarvesh Kumar not only highlighted all functionality, work culture, discipline and ethical values of NCC but also motivated the students to dedicate their lives to the service of the nation. He also showcased three small videos related to three wings of NCC. He concluded his talk with inviting questions from the participants. His talk closed with NCC theme song and National Anthem.

Slot-2

- 1. Time/Date: 02/08/2019 (Second Session)
- 2. Name of Speaker/s:-Dean, Home Science, CSAUA&T, Kanpur, UP.
- 3. Topic/Area(he/she covered):-Training and Placement
- 4. Points he/she highlighted in talk:
 - i. Employability
 - ii. Professional Training
 - iii. Placement
- 5. Summary report of the talk given by speaker on the concerning date:-

Dean, Home Science inducted the students with latest training needs. He sensitized them with present day required employability skills. Choosing a career and ensuring safe and sustainable growth options and finally making a work-life balance have been the key focus areas that his talk covered.

Day Four: August 03, 2019

Slot-1

- 1. Time/Date: 03/08/2019 (Both :First & Second Sessions)
- 2. Name of Speaker/s:-Technical Sub Council Members, CSA.
- **3.** Topic/Area/Activity (he/she covered):-**Introduction to Students Societies**
- 4. Points he/she highlighted in talk/activity:-Students Societies of CSAUA&T
- 5. Summary report of the talk given by speaker on the concerning date:-Newly Admitted Students were introduced with all existing societies functioning under Technical Sub Council of CSA.

Slot-2

- 1. Time/Date:03/08/2019 (Both :First & Second Sessions)
- 2. Name of Speaker/s:-Technical Sub Council Members, CSA.
- 3. Topic/Area/Activity (he/she covered):-Introduction to the Activities of Students Societies
- 4. Points he/she highlighted in talk/activity:-Year Long Academic Calendar Activities to be taken up under Technical Sub Council of CSA, CSAUA&T
- 5. Summary report of the talk given by speaker on the concerning date:Newly Admitted Students were introduced with all existing societies functioning under
 Technical Sub Council of CSA. They were also inducted with the yearly activities of
 Academic Calendar 2019-20 to be taken up under Technical Sub Council of CSA,
 CSAUA&T.

August 04, 2019: Was left for students daily routinely work.

After that; the details programme which was conducted between July 31, 2019 to 18 August, 2019 was as follows:

August 05, 2019

Slot-1

Name of Speaker/s: Dr. Poonam Singh, Dean College of Agriculture

Topic/Area/Activity (he/she covered):- Inaugural Session

Points he/she highlighted in talk/activity:-

Summary report of the talk given by speaker on the concerning date:-

Through his talk he positively inculcates the thinking of positive thought and broadened the understanding power by knowing your life and its limits. He talked about how to stay motivated during tough times

Slot-2

In second slot activities by **Dr. Devendra Singh** Coordinator, CSAUA&T. He introduced the different activities of NSS.

August 06, 2019

Slot-1& Slot-2

Name of Speaker/s:- Faculty in charges of different Sport sub council. Topic/Area/Activity (he/she covered):- **Dr. V. K. Yadav, President Sport sub council, CSA, CSAUA&T**Points he/she highlighted in talk/activity; Summary report of the talk given by speaker on the concerning date:-

All the faculty in charge describe how the young mind students can fulfil their ambitions and hopes for himself and for the world from important driving factors of cultural. They describe well about their expectation and future outcomes from all young mind students.

August 07, 2019

Slot-1

Name of Speaker/s:- **Dr. H.G.Prakash**, Director Research

Topic/Area/Activity (he/she covered):- Ethical IssuesSummary report of

the talk given by speaker on the concerning date:-

He discussed ethical principles related to the research project finalization for PG & Ph.D. students. Also deliberated on ethics involved in paper, articale, reports publication. Ethical decision making and practice are fraught with difficulties and challenges. Ethics often stretches us and moves us to think beyond our own self to consider others: our family, our work group, our organization, our country, our culture. At the least, when we consider: our own ethics, we must ask ourselves.

August 08, 2019

Slot-1

Name of Speaker/s:- Dr. R. P. Vyas, Asstt. Professor

Topic/Area/Activity (he/she covered):- Group dynamics and Team Building Summary report of the talk given by speaker on the concerning date:-

His talk was deals with the attitudes and behavioral patterns of a group and focused on how group dynamics and groups are formed, what is their structure and which processes are followed in their functioning. He also highlighted that the members of the group must have a strong sense of belonging to the group. The groups arise and function owing to common motives. The intergroup relations, group organization, member participation is essential for effectiveness of a group. Confidentiality is a major requirement which is achieved by mutual respect for one another.

Slot-2

Name of Speaker/s:- Dr. Y. K. Singh Topic/Area/Activity (he/she covered):-

Environment and our role Summary report of the talk given by speaker on the concerning date:-

He speak about growth of our population around the globe and what is the impact on our planet. He addressed that; we have to be mindful of how our actions are hurting it. We need to preserve our eco-system. Protecting the environment starts with everyone. Many people are aware of the importance of protecting the environment, but not everyone is willing to take steps towards reducing air or water pollution caused by human activities. The problem is much more dangerous than what it is made out to be. In this session he sensitize the participants about the role they can play individually, howsoever, small it may be in protecting the environment.

August 09, 2019

Slot-1

Name of Speaker/s:- Dr. Ram, Pyare, Professor

Topic/Area/Activity (he/she covered):- "Interpersonal Relationship" Summary report of the talk given by speaker on the concerning date:-

He highlighted the role of interpersonal relations in institutional building and bonding among students.

This description is based on human ethical decision, selection of proper judgment, in which they

He also to cussed on sleeting a good relationship with human empathy not to sympathy.

Slot-2

Name of Speaker/s:- **Dr. S. K. Biswas** Topic/Area/Activity (he/she covered):- "Communication in Group" Summary report of the talk given by speaker on the concerning date:-

He assisted that communication play a impportant role for making a good relationship to choose problem orientated type discussion, equality type behavior in place of superiority.

August 10, 2019

Slot-1&Slot-2

Name of Speaker/s:- **Dr. C. L. Maurya, Professor** Topic/Area/Activity (he/she covered):- (i) Time management (ii) Stress management and (iii) Role of discipline to excel in technical education

Summary report of the talk given by speaker on the concerning date:-

The talk on August 03, 2019 consisted of three part. There description of first talk was based on how to manage a time for your busy schedule while second one was based on category and reason of stress. Stress has been generated due to many collective problems which is generated by own self he also insisted in his talk that good time management enables us to work smarter – not harder – so that we can get more done in less time, even when time is tight. Failing to manage your time damages your effectiveness and causes stress. It seems that there is never enough time in the day. The talk on role of discipline to excel in agriculture education was delivered by Prof. Maurya and was based on how education is necessarily process for inculcating values and discipline to equip the students to lead in their life and how discipline is satisfying most of the needs of the individual to cherished the ideal need of the our society. The emphasize of the talk was on the role of education for 'character, discipline and value development and make the student to excel in their technical education career. Teachers functions as a roving coach to help all individual students.

August 11, 2019 Was left for students daily routinely work

Slot-1& Slot-2

Name of Speaker/s:- Members of Cultural Sub Council Members, CSA, CSAUA&T Topic/Area/Activity (he/she covered):- Different introduction and activities of cultural sub council members, CSA, CSAUA&T

Points he/she highlighted in talk/activity:- **Students Societies of CSAUA&T** Summary report of the talk given by speaker on the concerning date:-

Newly Admitted Students were introduced with all the different cultural functioning existing here and their past review as presented by cultural sub council's members of CSA, CSAUA&T.

August 12, 2019

Slot-1& Slot-2

Was again left for the student daily necessary routinely work.

13 August 2019	9:30- 10:45 am	Workshop on Excellence through Meditation by Dr. S. K. Biswas CSAUA&T, Kanpur.	Different techniques and its benefits explained by the speakers. How to breadth, how to do meditation in a proper posture etc. explained by the speakers to the students for getting lots of benefits from it like less anxiety, lower blood cortisol levels, more feelings of well-being, less stress, deeper relaxation etc. Students can do the meditation on the daily basis for the fil body and mind.
	11- 12:15 pm	Motivational Talk on "Role of extra-curricular & Co-curricular Activities in Skill Development in Agriculture" by Dr. D. R. Singh CSAUA&T Kanpur	The need of co-curricular activities for today's time other than study very well explained by Dr. D. R. Singh He focused on personality development by involving in different sports, technical, cultural activities. He explain to students how they can get good marks by co-curricular as well.
14 August 2019	4-5 pm	Workshop on Excellence through Meditation by Dr. S. K. Biswas CSAUA&T, Kanpur.	Different techniques and its benefits explained by the speakers. Students can get lots of benefits after doing meditations like less anxiety, lower blood cortisol levels, more feelings of well-being, less stress, deeper relaxation etc. Students can do the meditation on the daily basis for the fil body and mind.
	5-6 pm	Address on Health Issues by Dr. S. K. Singh, Medical Consultant	He was delivered about the health issues regarding daily life routine like fever, food habits, how to measure your BMI. He also told about first aid for fever.
16 August 2019		Workshop on Excellence through Meditation by Dr. S. K. Biswas, CSAUA&T, Kanpur,	Speakers were explained about the importance of meditation in our life. They explain about the chakra, concentration and peace of mind.
	5-6 pm	Address	

17 August 2019	8-10 am	Yoga & Meditation	The session delivered by Dr. S. K. Biswas. about the yoga and Meditation was very useful for the mindset of students. They explained about the breath practice and different yoga practices to control mind for the peaceful lifestyle.
	4-5 pm 5-6 pm	Yoga & Meditation Yoga & Meditation	Both the session delivered by Dr. S. K. Biswas about the yoga and Meditation was very useful for the mindset of students. They explained about the breath practice and different yoga practices to control mind for the peaceful lifestyle.

August 18, 2019 (was again left for the students daily necessary routinely work)

August 19, 2019

Slot-1

- 1. Time/Date: 19/08/2019 (Second Session)
- 2. Name of Speaker/s:- Dr. S. K. Biswas, Professor
- **3.** Topic/Area(he/she covered):- **Yog**
- 4. Points he/she highlighted in talk:- Practice of various Aasan, meditation and some physical activities
- 5. Summary report of the talk given by speaker on the concerning date and his team executed an hour long session for Yog practice with the students, where Yog teachers highlighted the practice of various "YogAasan" many other physical activities. Furthermore, the session was ended with a some key-points from Early to best early to rise in brief.

Slot-2

- 1. Time/Date: 19/08/2019 (Validatory Session)
- 2. Name of Speaker/s: **Dean, College of Agriculture**
- 3. Chief Guest of Validatory Session : <u>IPNS-2019</u>

Honourable Vice Chancellor, CSAUA&T, Kanpur

- 4. Points he/she highlighted in talk/activity:- On becoming a good learner, Awards and Recognition, Life at CSAUA&T, Kanpur
- **5.** Summary report of the talk given by speaker on the concerning date:- the summary of the **Validatory Session is as detailed below.**

The Validatory session has started with the address by **Dr. Poonam Singh**, where he highlighted the worthiness of the Induction Program for Newly Admitted Students. Further, he motivated the students to nurture the learnings of the Induction Program for Newly Admitted Students in their routine life. He also introduced the students about the rules and regulation of the University the motivated newly admitted students to win this by performing good in academics as well as in the various co-curricular activities in the University. Further, Dr. Singh highlighted the key-points to follow for a pleasant stay at hostels in at CSAUA&T, Kanpur.

Speaking as Chief Guest of the Validatory Session of Induction Program for Newly Admitted Students, Honourable Vice Chancellor of CSAUA&T, Kanpur, gave a very motivating lecture to students, where he inspired the students to become a good leaner by observing the things around you. Moreover, he inspired students to become a solution provider for their day-to-day life problems rather than being a complainant only. He also motivated the students to life a balanced life throughout their future stay at the university between academics and co-curricular activities at CSAUA&T. The Validatory session was ended with Thanks giving session by **Dr. V. K. Yaday, Incharge, Placement**